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aspirants of every level will find Chakras an invaluable and practical source of information, tools, and techniques to activate these centers of transformative energy and elevate one's intellectual knowledge to an experience of spiritual growth. HARISH JOHARI (1934-1999) was a painter, sculptor, and composer of Indian music.

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Harish Johari describes in  
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Centers of Transformation,  
chakras are psychic centers  
of transformation that  
enable you to move toward an  
enlightened state of being.  
Chakra is a Sanskrit word  
that means wheel, disk, or  
any arrangement in a  
circular form; it also  
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